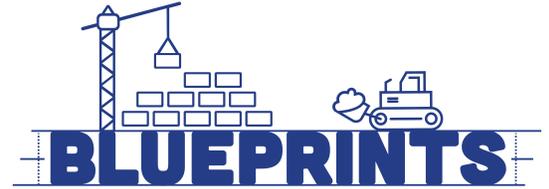


WEEK 5 K-3 LESSON

Need to Know: *When I Feel Guilty, Jesus Forgives Me*
Bible Story: *Peter (Luke 22:54-62; John 21:1-17)*



Circle Up

1

1. WELCOME kids to our series, “Blueprints,” and TELL them your name. Then SAY: *In this series, we’re doing some construction and using God’s Blueprint, the Bible, to know the right way to deal with everything we feel. Let’s play a game called “Name that Feeling.” We’re all going to take turns saying our name. Once you’ve told the group your name, I’ll show you an emoji and you’ll tell me what you think it’s feeling. We’ll see how many we can all get right.*
2. ALLOW each child to share their name, SHOW them one of the **Emoji Cards**, and ALLOW them to guess the emotion. After every child has shared, SAY: *God gave us all so many emotions, and He wants us to use them in the right way.*
3. HOLD up the Emoji Card that has the word “guilty” on it, and SAY: *Today, we’re going to talk about how we feel when we’ve done something wrong. When you feel bad for something you have done wrong, that’s called feeling guilty. When we’re feeling guilty, we can remember that Jesus forgives us! And that’s what we need to know today. Say that with me:*
When I Feel Guilty (looking at ground, hand over eyes)
Jesus Forgives Me (hold arms out wide)

Read the Bible

2

1. SAY: *Today, we’re going to read a true story from the Bible which will help us to see that when we feel guilty, Jesus forgives us.*
2. READ the **Bible Story Cards** aloud to your group. After the story, ASK the following:
 - *In our story, how many times did Peter hurt Jesus? (Three) And did Jesus forgive Peter? (Yes) That’s right! Jesus forgave Peter for everything that Peter did wrong. Peter felt guilty after the wrong things he did, but when Jesus forgave him, he realized that he didn’t need to feel guilty any more.*
3. SAY: *Just like Peter, when when we’re feeling guilty for something we’ve done wrong, we can STOP and name our feeling, LOOK around and see what we can do to help the situation, and LISTEN to the truth from God’s Word that Jesus forgives us!*

Let’s Practice

3

1. SAY: *To really deal with how we feel, we’re going to play a game called “Caution Tape Wrap Up.”*
2. DIVIDE kids into two teams and EXPLAIN: *To play this game, you’re each going to take turns wrapping one player from your team in some pretend caution tape. The player will hold the loose end of the caution tape and one team member will start wrapping it around the player while everyone else stays seated. Then, I’ll say, “Next,” and the next person on the team can stand up, take the roll, and start wrapping! The first team to finish wrapping their player in the whole roll of caution tape is the winner!*
3. If necessary, DEMONSTRATE for kids how to start wrapping someone by allowing a child to hold the end of the **streamers** while you start wrapping.
4. CHOOSE one child from each team to be the player who wants to get wrapped with **streamers**.
5. PLAY the game, saying “next” periodically so everyone has a chance to help wrap their team’s player.
6. Once both teams have their players completely wrapped, HELP the players break free from the **streamers**.
7. COLLECT the **streamers**, **SANITIZE** kids’ hands, and GIVE both teams **candy**, rewarding the winning team first.
8. As kids are eating, READ the **Question Sheet** to the group.
9. Then SAY the Need to Know together a few more times:

When I Feel Guilty (looking at ground, hand over eyes)
Jesus Forgives Me (hold arms out wide)



ALLOW the child to wrap you in a roll of **streamers** if they do not want to be wrapped up.

Memorize It

4

1. SAY: *There's a helpful verse in our Blueprint for life, the Bible, that tells us what God says about dealing with how we're feeling. I want to teach it to you now. Just repeat after me:*
 "But even if we (thumbs to chest)
 don't feel at ease, (cross arms in front of body)
 God is greater (point both hands up)
 than our feelings, (hand over heart)
 and He knows everything." (fingers to temples)
 1 *John 3:20* (make book with hands)
 2. PRACTICE saying the verse with the group two times, having them repeat each line with the motions.
 3. PLAY "Muddy Boots." HAVE each child put both feet in the middle of the group. Going around the circle, HAVE kids stomp as they say the next word of the verse. The child who stomps their foot on "20" is out. CONTINUE playing until only one foot is left.
 4. TELL kids that they still have a few more weeks to memorize this verse, and if they do, they will win a prize!
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Let's Pray

5

ASK your group for any prayer requests. Then PRAY the following for your group:

- That God would help them deal with how they feel
 - That when they're feeling guilty, they will ask Jesus for forgiveness
 - That they will feel Jesus' forgiveness and be able to move on
-

Stay Together

6

KEEP kids engaged in Small Group until they are checked out by doing the following activities:

- K-1 Only: PLACE the **coloring utensils** in the center of the group and HAVE kids color the **Coloring Sheet**.
- PLAY "Telephone" by having a child whisper a phrase to their neighbor, and then letting each child whisper what they heard to the next person in the circle. SEE if the phrase changed or stayed the same! USE the phrases below or HAVE kids come up with their own construction phrases:
 - The foreman's feet are covered in mud.
 - The crane operator is eating a sandwich.
 - I built a playhouse out of legos.
 - Skyscrapers are really tall.
 - I need to deal with how I feel.
 - When I feel guilty, Jesus forgives me.
- PLAY "Emoji Memory Match":
 - LAY the **Emoji Memory Cards**, logo side up, in the center of the group.
 - ALLOW kids to take turns choosing two **Cards** at a time.
 - If they get a match, they get to keep that match.
 - If they do not get a match, they have to put both **Cards** back, logo side up.
 - Once all matches have been found, the kid with the most matches is the winner.