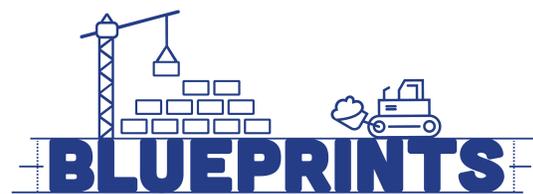


WEEK 5 PRESCHOOL LESSON

Need to Know: *When I'm Mad, God Helps Me*

Bible Story: *Nehemiah (Nehemiah 1-6)*



Circle Up



1. WELCOME kids to church.
2. SAY: *Hey, builder buddies! My name is (YOUR NAME), and I will be your leader today! (SHOW the pocket die) I want to meet each of you builder buddies, so when it's your turn, you can tell us your name and roll this die. Then we can get ready to build by pretending to use whatever tool it lands on. I'll go first!* (SAY your name again, ROLL the die, and TELL everyone to pretend to use the tool on the **Pocket Die Card** that is facing up)
3. PASS the **pocket die** around the group. ALLOW each child to introduce themselves to the group and roll the **pocket die**. Then HAVE everyone pretend to use the tool that the **die** landed on.
4. After all kids have been introduced, SAY:
 - *Builder buddies, can you show me how you would look if you were mad?* (Everyone will make mad faces)
 - *God wants you to know that He will help you* (SHOW wrench **Pocket Die Card**) *not blow your top and do wrong things when you are feeling mad!*
 - *Let me hear you say this after me:* (PAUSE to allow kids to repeat)
 - When I'm Mad,* (make mad face)
 - God* (both hands point up)
 - Helps Me* (hands in front, palms up)

Read the Bible



1. SAY: *When our feelings seem out of control, we can stop* (HOLD hand up in "stop" motion) *and think about how we're feeling. Next, we can look* (CUP hands around eyes) *around to see what's making us feel that way. Then, we can listen* (CLICK on listening ears) *to what God says in His Blueprint, the Bible. His words will help us know how to do what's right. Let's read a story from God's Blueprint together now.*
2. HAVE kids get ready to hear the Bible story by clicking on their listening ears and putting on their special eyes.
3. SHOW and READ the **Bible Story Cards** to the group.

Let's Practice



1. SAY: *Builder buddies, does God want you to feel mad?* (No) *No way! God is greater than all of your feelings, and He will help you not blow your top when you are mad!* (SHOW **Construction Site**) *Today we need to help our builder buddies on the construction site.* (SHOW **construction truck**) *Each of you will get one of these trucks to help our builder buddies.*
2. GIVE each child to one **Construction Site** and one **construction truck**. *NOTE: Kids should NOT take either of these items home. They will be reused for other services.
3. SHOW and READ each **Leader Card**, in order, to the group. ALLOW the group to respond as they move their **construction trucks** to the correct spots on the **Construction Site**.
4. CONTINUE until all **Leader Cards** have been read and all **builder buddies** have been located and discussed.
5. COLLECT **Construction Sites** and **construction trucks** from kids, and PLACE them back into the small group bin.
6. Then, SAY:
 - *Great job helping our builder buddies on site! God wants you to know that when you are mad, He will be there to help you not blow your top and do wrong things. With help from God's Blueprint, the Bible, you can do what's right!*
 - *Say this after me, one more time:* (PAUSE to allow kids to repeat)
 - When I'm Mad,* (make mad face)
 - God* (both hands point up)
 - Helps Me* (hands in front, palms up)

Memorize It

4

1. SAY: *Sometimes our feelings can feel so big that we don't know what to do. But when we stop, look, and listen, we will see that God is greater than our feelings, and that He knows everything! That's actually a Bible verse from God's Blueprint that I want to teach you.*
 2. SHOW the **Memory Verse Card**, and HAVE kids repeat the verse after you several times. Then, USE the back of the **Memory Verse Card** to practice the verse as a group.
 - “*God is greater* (both hands point up)
than our feelings, (pat heart)
and He knows (both hands point up)
everything.” (arms out wide)
 - 1 John 3:20* (make book with hands)
 3. REMIND kids to practice this verse with their family at home so they can win a prize in a few weeks.
-

Let's Pray

5

PRAY with your group, having them repeat after you in short phrases:

- *Dear God, thank You for always helping me. When I'm mad, please help me remember to stop, look, and listen to You so I can do what's right! Thank You for my snack. I love You! In Jesus' name I pray. Amen.*
-

Stay Together

6

1. **SANITIZE** kids' hands and **PASS** out **snacks**.
2. **KEEP** kids engaged in Small Group until they are checked out by doing the following activities:
 - PLACE the **crayons** in the center of the group. HAVE kids color their **Coloring Sheets**. As kids color, ASK:
 - *What is one thing that makes you feel mad?*
 - *When your feelings are out of control, should you hit someone or stop* (HOLD hand up in “stop” motion) *and think about how you are feeling?* (Think about how you are feeling)
 - *Then would it be better to scream or look* (CUP hands around eyes) *at what is making you feel that way?* (Look at what is making you feel that way)
 - *When you know how you are feeling and what is making you feel that way, should you throw toys or listen* (CLICK on listening ears) *to what God says in His Blueprint?* (Listen to what God says in His Blueprint)
 - *When you are feeling mad, does God say in His Blueprint that He will yell at you or that He will help you?* (He will help you) *Yes! God will help you not blow your top when you're mad! He will help you do what's right!*
 - HAVE kids practice the memory verse again by doing any of the activities listed on the back of the **Memory Verse Card**.
 - PLAY “Follow the Leader” with **Construction Trucks**:
 - GIVE each child one **construction truck**. *NOTE: Kids should NOT take these home. They will be reused for other services.
 - SAY a motion for each child to copy using his/her **construction truck**.
 - Motions could include: drive fast, drive slow, stand up and fly up high, hide behind your back, roll to give your neighbor a high-five, roll forward, roll backward, drive in a circle, etc.
 - Adjust the motions based on the needs of your small group.
 - If your group needs to be active and get their wiggles out, SAY motions that get them moving.
 - If your group needs to calm down and get settled, SAY motions that keep them seated.
 - COLLECT **construction trucks** from kids, and PLACE them back into the small group bin.